



Cordially invites you to the CME on

CONCEPTION & EVOLUTION OF

# UROGYNEC REHABILITATION



ISSUES, MYTHS & FACTS

November 27, 2021 | 9 am - 5 pm

Yashoda Hospitals - Secunderabad, 9th Floor, Academic Hall

## CHIEF GUESTS

**Dr. Pavan Gorukanti, MD**  
Pulmonary Critical Care (ABIM)  
Director - Yashoda Hospitals

**Dr. A. Lingaiah**  
Director - Medical Services  
Yashoda Hospitals

**Dr. Vijay Kumar**  
Unit Head  
Yashoda Hospitals, Secunderabad

## ORGANISING CHAIRPERSON

**Dr. Bhagya Lakshmi**

Consultant Obstetrician, Gynecologist & Laparoscopic Surgeon  
HOD - Mother & Child Institute,  
Yashoda Hospitals, Secunderabad

## ORGANISING SECRETARY

**Dr. G. N. Sumanth**

Chief Physiotherapist,  
HOD - Physiotherapy Dept.

Limited to 100 seats only. Registration Fee: 500/-

To Register: [www.yashodahospitals.com/event/urogyneec-rehabilitation](http://www.yashodahospitals.com/event/urogyneec-rehabilitation)

For information, call: Dr. Swamy (PT) - 891 988 8935 | Dr. Dinesh (PT) - 889 752 2985

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## PROGRAMME SCHEDULE - NOVEMBER 27, 2021

09:00 am - 09:30 am	<b>Topic</b> : <b>Introduction Speech</b> <b>Speaker</b> : <b>Dr. Bhagya Lakshmi</b> Consultant Obstetrician, Gynecologist & Laparoscopic Surgeon HOD - Mother & Child Institute, Yashoda Hospitals, Secunderabad
09:30 am - 10:15 am	<b>Topic</b> : <b>Success of Implementing Exercises in Turning Breech Babies &amp; Increasing Vaginal Birth Rates</b> <b>Speaker</b> : <b>Dr. Latha (PT)</b> MPT, ICCE, Pelvic Floor Specialist HOD - Physiotherapy, Fernandez Hospitals <b>Chairperson</b> : <b>Dr. Bhagyalakshmi</b> Consultant Obstetrician, Gynecologist & Laparoscopic Surgeon HOD - Mother & Child Institute, Yashoda Hospitals, Secunderabad
10:15 am - 11:00 am	<b>Topic</b> : <b>Transverse Abdominis Muscle Contraction &amp; its Influence on Inter Rectus Postpartum Women with Diastasis Recti Abdominus</b> <b>Speaker</b> : <b>Dr. T. Madhavi (PT)</b> MPT, CCCE, (Ph.D) Associate Professor - Durgabai Deshmukh College of Physiotherapy <b>Chairperson</b> : <b>Dr. Shravanthi</b> MS(OBG), FMAS, DMAS, FICOG Consultant Laparoscopic Robotic Surgeon & Gynecologist
11:00 am - 11:30 am	: <b>Tea</b>
11:30 am - 12:15 pm	<b>Topic</b> : <b>Fertility Rehab- Unique Perspective of Physiotherapist</b> <b>Speaker</b> : <b>Dr. Dhara Shah (PT)</b> Ph.D Scholar WOW IIPRE - Chief Clinical Instructor <b>Chairperson</b> : <b>Dr. Archana Singh</b> DGO, DNG, FICOG Consultant Gynecologist & Endoscopic Surgeon

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## PROGRAMME SCHEDULE - NOVEMBER 27, 2021

12:15 pm - 01:00 pm	<b>Topic</b> : <b>Significance of Invasive EMG &amp; Rehab Considerations in Pelvic Organ Prolapse</b>
	<b>Speaker</b> : <b>Dr. Deepthi Guduru</b> (PT) Women's Health Specialist
	<b>Chairperson</b> : <b>Dr. Usharani</b> MD, DGO, Consultant Obstetrician and Gynecologist
01:00 pm - 02:00 pm	: <b>Lunch</b>
02:00 pm - 02:45 pm	<b>Topic</b> : <b>Missing Links in Uro-Gynecology Rehabilitation</b>
	<b>Speaker</b> : <b>Dr. Lalitha</b> (PT) OBG Rehab Therapist, CCBE & Trainer
	<b>Chairperson</b> : <b>Dr. Jamuna Devi</b> MBBS, DGO, PGDHHM, PGDTQM, Honorary Consultant
02:45 pm - 03:30 pm	<b>Topic</b> : <b>Rehab Considerations in Vaginismus &amp; its outcomes - Case Scenarios</b>
	<b>Speaker</b> : <b>Dr. Latha</b> (PT) MPT, LCCE, Pelvic Floor Specialist HOD - Physiotherapy, Fernandez Hospitals
	<b>Chairperson</b> : <b>Dr. Shravanthi</b> MS(OBG), FMAS, DMAS, FICOG Consultant Laparoscopic Robotic Surgeon & Gynecologist
03:30 pm - 04:00 pm	<b>Topic</b> : <b>Nutrition for Optimal Pelvic Health</b>
	<b>Speaker</b> : <b>Dr. Sunitha</b> Chief Dietician, Yashoda Hospitals, Somajiguda
	<b>Chairperson</b> : <b>Dr. Bhagyalakshmi</b> Consultant Obstetrician, Gynecologist & Laparoscopic Surgeon HOD - Mother & Child Institute, Yashoda Hospitals, Secunderabad
04:00 pm	<b>Topic</b> : <b>Certificate Distribution</b>
	<b>Speakers</b> : <b>Dr. Vishnu Reddy</b> , Chief - Medical Services <b>Dr. Gopi Krishna</b> , Vice President